

Shaping the Future

Pre-Conference: Thursday, January 26, 2012 10:00 - 3:30pm

Wellness Policy in Alberta Schools

Ever Active Schools and its partners are hosting an engaging conversation on school policy in Alberta.

Many schools have turned to policy to improve and sustain changes to nutrition and wellness in their school environment but the full implementation of policy has been a challenge.

Participants will discuss the benefits of policy and current support for policy implementation in the school environment. Join school administration, health, education and policy development professionals to discuss the next steps in policy development and implementation in Alberta schools.

Morning Session:

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| 10:00 -10:05am | Welcome and Opening Remarks |
| 10:05 – 10:50am | Health and Policy – What is a good policy? Dr. Kim Raine |
| 11:00 - 11:25pm | Panel: Healthy School Policy
<i>Panelists (including a Trustee, District Level Administrator, School Administrator and a Student) will discuss wellness policies: key components of successful development/ implementation as well as challenges and barriers.</i> |
| 11:25 – 12:15pm | Essential Conditions |
| 12:15 -1:00pm | Lunch |

Afternoon session:

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| 1:00 - 3:00pm | “From Policy to Practice” |
| 3:10-3:30pm | Closing Remarks: Dr. Kim Raine |